

Free and Reduced Priced Meals

(three ways to qualify)

- **Direct Certification:** This is a list of students that the state determines automatically qualify. Penn Manor will mail a letter home if your family is on that list. This qualifies any child living in that household for free meals. You must notify the school district if there are additional students not listed on the form that are living with you.
- **SNAP or TANF:** You will need your 9-digit case number. This can be found on any letter/form sent to you concerning your benefits. Use this number when completing the online application. You will automatically qualify regardless of income.
- **Income Based:** On the Penn Manor website, under the "Parents" tab, click on "Food Service Forms & Resources" then click the link for the free & reduced application.

Penn Manor School District has received the Federal Income Eligibility Guidelines for free and reduced price meals for qualified students and their families. All applications will need to be completed online. If you do not have access to a computer, the mail office in each of our buildings is equipped with kiosk machines.

Please contact Heather Burkholder with any questions at
Heather.burkholder@pennmanor.net or
(717) 872-9520 ext. 1830

How Do I Pay For Meals?

- Cash at the Café Register
 - Check/Money Order
Made Payable to
(Penn Manor Food Service)
 - Online
www.myschoolbucks.com

PLEASE VISIT OUR WEBSITE

<http://www.pennmanor.net>

Click on

'Food Service Forms & Resources'

- Breakfast & Lunch menus are posted monthly
- Free and Reduced application link is available

If you do not have access to a computer, you can use one of our kiosk stations conveniently located at the main office or any of our schools to access the free and reduced application link

****PLEASE NOTE****

If transferring from another school district, you **MUST** complete a new application



**Penn Manor
School District**

Food Service
Information
2019-2020



The Simple Way to Pay

MY SCHOOL BUCKS FOR SCHOOL MEALS
myschoolbucks.com

View account balances and meal purchases | Schedule automatic payments | Make payments anytime, anywhere from our mobile app



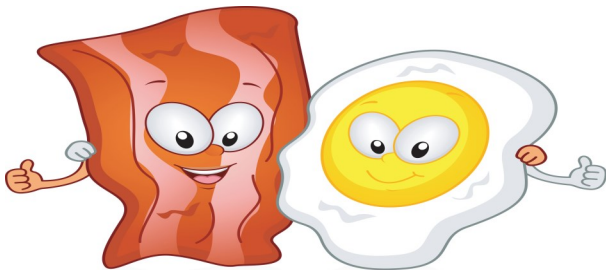
MEAL PRICES 2019-2020

- Elementary Breakfast
\$1.25
- Elementary Lunch
\$2.35
- Secondary Breakfast
\$1.50
- Secondary Lunch
\$2.50 / \$3.50 / \$3.75

National Breakfast Program

- Breakfast is offered every day of the week!
- Students can arrive at the cafeteria in the morning to eat breakfast.

Remember, Breakfast is the most important meal of the day



What Qualifies as a "Meal"?

Breakfast

- Must contain 3 components for a reimbursable meal
- Components consist of a Milk, Fruit, Vegetable, & Grain
- The Meal **MUST** contain 1/2 cup of Fruit

Lunch

- Must contain 3 of the 5 good groups which consists of (Dairy, Fruit, Vegetable, Grain, & Protein)
- The Meal **MUST** contain 1/2 cup of Fruit or Vegetable

Ala Carte

- When a meal does not meet the above requirements the items chosen by the student will be purchased separately. This could result in a higher price than a full lunch

Field Trip Lunches

We supply lunches for field trips, provided we receive a 48 hour notice to prepare the meal.

Every Student (Free, Reduced, Full Price) is offered the option of a packed lunch on the day of the trip. Students may choose from the following lunch options:

- Ham & Cheese Sandwich
 - Turkey Hoagie
 - PB&J Uncrustable

All meals are served with fruit, veggie, snack and drink. Meal prices apply depending on grade level .



- K-6 \$2.35
- 7-12 \$2.50