

Power Packs PROJECT

The Power Packs Project is designed to help families stretch their grocery money, prepare low-cost meals for their families, and have their children fed well and ready to learn when they go to school.

Each Thursday, participating families will receive a recipe and the ingredients to make it. The Power Pack will also contain other food like cereal, peanut butter, and soup and helpful tips on subjects such as “Smart Shopping Tips,” “Clever Ways to Use Leftovers,” and “Food to Always Have On Hand.” Notebooks are provided so families can save the recipes and create their own cookbook.

New this year! Participating Conestoga families will have food **sent home** with their oldest child in bags/backpacks each week unless your family chooses a different pick-up location on the Power Packs application.

If you think your family would benefit from this program and your family qualifies for free or reduced lunch, please contact Mrs. Juba at 717-872-9535, ext. 3503 or by email at kimberly.juba@pennmanor.net for an application.

***Once your family is approved, Power Packs will begin on
Thursday, September 26th, 2019!***