


**Penn Manor School District
March 2019 Elementary Menu**

MENU SUBJECT TO CHANGE	Elem. Lunch - \$2.35	We welcome your comments, questions and suggestions. Contact the Food Services Department: Food Services - 717- 872-9500 ext. 2228			
	Reduced Lunch - \$0.40				
	Student Milk - \$0.60				
	Adult Lunch- \$3.75				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
March 4, 2019	March 5, 2019	March 6, 2019	March 7, 2019	March 8, 2019	
Chicken Bites Baked Macaroni & Cheese (WG) Red pepper Strips w / Dip Assorted Fruit Choice of Milk	Grilled Cheese Sandwich (WG) Tomato Soup Baby carrots w/dip Assorted Fruit Choice of Milk	Top N Go Beef Nachos Refried Beans Baked Potato Lettuce & Tomato Assorted Fruit Choice of Milk	Breaded Chicken Patty on a Roll (WG) Cucumber Coins w/dip French Fries Assorted Fruit Choice of Milk	Cheese or Pepperoni Pizza (WG) California Blend Vegetables Romaine Lettuce Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Hamburger on a bun	C Lunch: **Peanut Butter & Jelly	Sandwich	D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll (WG)		
March 11, 2019	March 12, 2019	March 13, 2019	March 14, 2019	March 15, 2019	
Hamburger or Cheeseburger (WG) Baked Golden Potato Rounds Glazed Carrots Celery sticks w/Dip Assorted Fruit Choice of Milk	Lasagna Roll Ups Tossed Salad w/Cherry Tomatoes Dinner Roll (WG) Assorted Fruit Choice of Milk	Hot Dog on a Bun (WG) Oven Baked French Fries Baked Beans Assorted Fruit Choice of Milk	Pasta w/ Meat Sauce & Dinner Roll (WG) Tossed Salad w/Cherry Tomatoes Assorted Fruit Choice of Milk	French Bread Pizza (WG) Steamed Green Beans Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Chicken Patty on a Bun	C Lunch: **Peanut Butter & Jelly Sandwich **		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll (WG)		
March 18, 2019	March 19, 2019	March 20, 2019	March 21, 2019	March 22, 2019	
Mini Corn dogs w/ dipping sauce (WG) Baked French Fries Steamed Corn Sidekick Fruit Slush Assorted Fruit Choice of Milk	 Beef Stroganoff with Brown Rice & Dinner Roll (WG) Glazed Carrots Assorted Fruit Choice of Milk	Grilled Ham & Cheese on a pretzel roll (WG) Red Pepper Strips w/Dip Assorted Fruit Choice of Milk	Sloppy Joes on a Roll (WG) French Fries Baked Vegetarian Beans Assorted Fruit Choice of Milk	Cheese Pizza (WG) Steamed Broccoli Romaine Lettuce Salad Assorted Fruit Choice of Milk Early Dismissal	
B Lunch: Pepperoni pizza munchable	C Lunch: **Peanut Butter & Jelly Sandwich **		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll (WG)		
March 25, 2019	March 26, 2019	March 27, 2019	March 28, 2019	March 29, 2019	
Chicken Tenders Whipped Potatoes Steamed Baby Peas Dinner roll (WG) Assorted Fruit Choice of Milk	Beef tacos Lettuce, Shredded Cheese & Tomato Refried Beans Assorted Fruit Choice of Milk	Shepard's Pie French Fries Red Pepper Strips/Dip Assorted Fruit Chilled Fruit Juice Choice of Milk	FLEX DAY Managers Choice Choice of Veggie Assorted Fruit Choice of Milk	Cheese or Pepperoni Pizza (WG) California Blend Vegetables Romaine Lettuce Salad Chilled Fruit Juice Assorted Fruit Choice of Milk	
B Lunch: Hot Dog On A Bun (WG)	C Lunch: **Peanut Butter & Jelly Sandwich **		D Lunch: 4 oz. Yogurt & String Cheese & Dinner Roll (WG)		