


**Penn Manor School District**  
**SEPTEMBER 2018**  
**Elementary Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
<b>Labor Day</b> <b>No School</b>	Popcorn Chicken(WG) Fluffy Whipped Potatoes Steamed Green Beans Dinner Roll Assorted Fruit Choice of Milk	Pulled Pork on a Bun(WG) Golden Potato Rounds Baked Beans Assorted Fruit Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Baby Carrots & dip Assorted Fruit Choice of Milk	Italian Cheese Pizza(WG) California Blend Vegetables Romaine Lettuce Salad Chilled Fruit Juice Assorted Fruit Choice of Milk
<b>B Lunch: Egg McComet</b>	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich **</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese &amp; Dinner Roll</b>	
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
Hot Open Face Turkey Sandwich(WG) Fluffy Whipped Potatoes Steamed Carrots Assorted Fruit Choice of Milk	Pizza Sticks w / Dipping Sauce Pepper strips with dip Assorted Fruit Chilled Fruit Juice Choice of Milk	Chicken Nuggets Baked Macaroni & Cheese Steamed Broccoli Assorted Fruit Choice of Milk	Grilled Cheese Sandwich(WG) Tomato Soup Steamed Green Beans Assorted Fruit Choice of Milk	Big Daddys Pizza(WG) Celery Sticks w / Dip Sidekick Fruit Slush Assorted Fruit Choice of Milk
<b>B Lunch: Cold Deli Sandwich</b>	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich **</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese &amp; Dinner Roll</b>	
September 17, 2018	September 18, 2018	September 19, 2019	September 20, 2018	September 21, 2018
Popcorn Chicken Bites Baked Macaroni & Cheese(WG) Steamed Broccoli Baby Carrots w / Dip Assorted Fruit Choice of Milk	Brunch for Lunch Tuurkey or Pork Sausage Patty Steamed Corn Chilled Fruit Juice Assorted Fruit Choice of Milk	Hamburger on a Bun Golden Potato Rounds Baked Beans Baby Carrots w/Dip Assorted Fruit Choice of Milk	Lasagna Roll -Ups (WG) Tossed Salad Dinner Roll (WG) Chilled Fruit Juice Assorted Fruit Choice of Milk	Italian Cheese Pizza (WG) Steamed Green Beans Cucumber Coins w/Dip Sidekicks Fruit Slushie Assorted Fruit Choice of Milk
<b>B Lunch: Hot Dog / Roll</b>	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich **</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese &amp; Dinner Roll</b>	
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
Hot Dog w/roll (WG) French Fries Baked Beans Sidekick Fruit Slush Assorted Fruit Choice of Milk	Ham or Turkey Hoagie (WG) Baked Chips Red Pepper Strips w/Dip Chilled Fruit Juice Assorted Fruit Choice of Milk	Walking Tacos Lettuce & Tomato Steamed Corn Refried Beans Assorted Fruit Choice of Milk	<b>FLEX DAY</b> Managers Choice Choice of Veggie Assorted Fruit Choice of Milk	  K-12 In - Service Day No School
<b>B Lunch: Hamburger / Roll</b>	<b>C Lunch: **Peanut Butter &amp; Jelly Sandwich **</b>		<b>D Lunch: 4 oz. Yogurt &amp; String Cheese &amp; Dinner Roll</b>	