



Monthly Newsletter

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Penn Manor Education Foundation(PMEF) Provides Grant for our Garden

Thanks to the efforts of Mrs. Altdoerrfer, Mrs. Graham, and Mrs. Garpstas, our Discovery Garden received a \$1000 grant from the Penn Manor Education Foundation. This money, in addition to our grant from the Chesnut Grove Foundation, and our Founding Families donations, will be used for start up costs including lumber for our raised-bed boxes, a garden shed, an irrigation system, seeds, plants, tools and supplies. Thank you, PMEF!!!

The Penn Manor Education Foundation is a non-profit community based organization dedicated to enhancing and enriching the educational experiences of the students and faculty in the Penn Manor School District public schools. For more information about PMEF, you can visit the District website.

Last chance to become a Founding Family!

Twenty-four families have partnered with us by donating to our *Founding Families* fund. Our donations have now reached \$875! Thank you again for your contributions! There's still time to become a Founding Family and to have your name recognized in the garden! Any amount is welcome. Just put your donation with your name, phone #, and e-mail in an envelope marked Founding Families Garden Fund, and return it to the office. Checks can be made payable to Conestoga PTO.

Schedule of Garden Events

March

- Tech team from High School constructs raised beds
- Thursday, 3/29 soil delivered to school by Tudbink's Greenhouses
- Friday, 3/30: Raised beds are placed in garden by Tech team and Conestoga students/families are invited to fill the beds after school (Look for information coming home soon!)
- Compost bins built

April

- Planting begins first week of April
- Composting begins

May

- Planting throughout the month
- 4/31 School Picnic





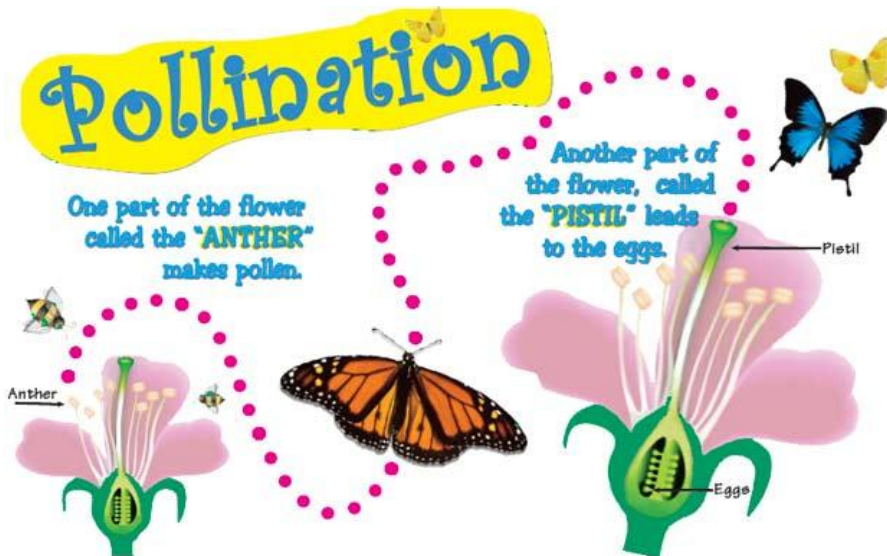
Vegetable of the Month The Carrot

Carrots grow underneath the ground. Green tops sprout above the soil with small, feathery leaves on long stems.

Ready, set, eat...when crisp, firm, and smooth with no splits. Choose small to medium-sized carrots. Usually the brighter the carrot, the sweeter the taste.

Not all carrots are orange. Carrots can also come in white, red, yellow, purple, green, and black.

Pollinators in the garden



Fifth and sixth grade students recently had the opportunity to see a presentation about local bees by Master Gardener (and Conestoga Mom) Lydia Martin. Bees, one type of pollinator, are vital to the health of the garden.

Here's a great link to learn more about these "Good Guys in the Garden":

<http://kidsgrowingstrong.com/GoodGuys>

Featured recipe

Confetti Salad

Serves 4-6

- ¼ cup lemon or lime juice**
- 2 tablespoons orange juice**
- 1 tablespoon honey**

Mix together in a large bowl.

- 2 cups carrots**
- 2 cups apple**

Grate carrots.

Chop apples.

Add to juice mixture immediately
(The juice will prevent the apples from turning brown.)

- 1 tablespoon fresh mint**
- 1/8 salt or to taste**
- ¼ cup raisins**

Snip rinsed mint leaves into small pieces. Toss with remaining ingredients and serve.

